

八天昆明大理丽江香格里拉云南民族风情游

特色景点和行程

昆明：石林，九乡（游船和索道）；

欣赏七彩云南少数民族歌舞表演

丽江：大玉龙风景区（玉水寨，玉峰寺，玉柱擎天，

东巴万神园，东巴王国，东巴谷），黑龙洞；

聆听唐宋宫廷音乐—纳西洞经古乐

大理：洱海游船，白族民居，古城，洱海公园；

欣赏白族歌舞表演

中甸：虎跳峡（电瓶车），普达错（电瓶车），

送藏林寺

云南特色风味美食

过桥米线，气锅鸡，云南火腿，野生菌火锅，砂锅鱼，纳西农家宴，铜火锅，宜良烧烤，藏族风味餐

特别赠送由中国著名导演张艺谋执导—原生态大型实景演出《印象丽江—雪山篇》

第一天：新加坡/昆明

（早/午/晚）

今日搭乘国际航班飞往素有「春城」、「花都」之称云南省省会，四季如春的春城—昆明。抵达后参观悬挂有一天下第一长联的【大观楼】公园。

第二天：昆明/大理

（早/午/晚）

早餐后搭乘飞机前往大理。抵达后乘坐游船游览【洱海】，参观【洱海公园】，洱海湖光与点苍山积雪相映，有“玉泉银苍”之誉。当皎洁的月光与清澈的湖水相映，是大理四大美景之一。之后游览【大理古城洋人街】。石头路，石头墙，家家流水、户户养花和“三房一照壁”民居建筑群吸引了众多游客，让您陶醉在“风花雪月地，玉洱银苍景”中。品尝大理独有的“一苦、二甜、三回味”体会充满灵性的茶文化【三道茶】并欣赏白族歌舞表演。



第三天：大理—丽江

早/午/晚

早餐后乘车前往丽江。游览世界文化遗产【丽江大研古镇】。玉泉水蜿蜒而下，入墙绕户，穿场走苑，形成主街傍河，小巷临水，水边杨柳垂丝，柳下小桥座座，“家家流水，户户垂扬”，来到这里，悠然感受到“东方威尼斯”的韵味。参观【黑龙潭】公园，远处的玉龙雪山倒映潭中，可见“雪山四万八千丈，银屏一角深插底”奇景。象山半壁也映入水，使黑龙潭山中有水，水中有山，山水相映，景色无比秀丽。

第四天：丽江

（早/午/晚）

早餐后前往游览玉龙雪山风景区—【大玉龙】。它包含了【东巴谷】、【东巴万神园】、【玉柱擎天】、【东巴王国】、【玉峰寺】及【玉水寨】景区，并安排欣赏中国唯一仅存的唐宋宫廷音乐—纳西洞经古乐，聆听纳西古乐演奏，这是与唐朝「霓裳雨衣」同享美名的名代乐谱，靠着口耳相传至今，纳西古乐即是以此被保存下来。午餐后欣赏—【印象丽江】，之后参观【白水河】，一条由玉龙雪山融化的冰川雪水汇成的河流，沿着山谷层叠跌宕而下，水在两岸青山的辉映下呈清澈的墨绿色，河水四季清凉刺骨，站在溪边，玉龙雪山上的积雪、冰川、冰塔尽在眼前。

第五天：丽江—香格里拉

（早/午/晚）

今天早餐后继续游览大玉龙景区，之后乘车前往又名“香格里拉”。途中参观【长江第一湾】。万里长江从“世界屋脊”青藏高原奔腾而下，从滇西北进入云南“江流到此成逆转，奔入中原壮观”。继续【虎跳峡】，它是世界上著名的大峡谷，以奇、险、雄、壮著称于世。整个峡谷中最窄一段的峡宽仅十余米，江心有一个13米高的大石——虎跳石，巨石犹如孤峰突起，屹然独尊，江流与巨石相互搏击，山轰谷鸣，气势非凡。

第六天：香格里拉

（早/午/晚）

早餐后参观【松赞林寺】，它不仅是云南最大的藏传佛教寺庙群落，还是川滇一带的黄教中心，被誉为“小布达拉宫”。之后参观【普达错景区】—被誉为“高原明珠”的碧塔海，雪山和峡谷里的溪水汇集而成，在5月杜鹃花盛开的季节，杜鹃花瓣纷纷落入水中，杜鹃醉鱼的奇特景观尽现其中。属都湖畔是中甸有名的牧场，这里草场广阔，水草丰茂，每年春夏之际，成群的牛羊游弋于湖畔，牧棚星星点点，置身湖畔，背负青山，面临绿水，牛群点点黔黑，牧笛声声入耳，让人深切地感受到高原人闲放、悠游的生活情趣。

第七天：中甸/昆明—石林—昆明

（早/午/晚）

早餐后游览【石林风景区】，石林具有世界上最奇特的喀斯特地貌（岩溶地貌）景观，以形成历史久远、类型齐全、规模宏大、发育完整，被誉为“天下第一奇观”、“造型地貌天然博物馆”。之后乘车返回昆明。途中参观【七彩云南】。

第八天：昆明/新加坡

早餐后参观市区公园【翠湖】、【金马碧鸡坊】并前往市区最大的【鲜花市场】参观，在这里买花就跟买菜一样方便。每天总有些叫不出名字的花草上市，与其说这里买卖的是花卉，不如说是在买卖一种好心情。随后您可尽情享受购物的乐趣。



完毕后搭乘豪华飞机返回新加坡温暖的家乡。

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行程顺序如有更改, 以中国地接社安排为准

8 Days Kunming/Dali/Lijiang/Shangri-la Yunnan Custom Tour
Specially entertained with the Grand Out-door Performance directed by Mr Zhang Yimou
-Impression Lijiang - Snow Mount, Edition**Kunming:** Stone Forest; Daguan Park**Dali:** Cruise on Er'hai Lake; Bai People's Residence; Old Town; Erhai Park**Lijiang:** Grand Yulong Region (Jade Water Village; Jade Peak Temple, Jade Pole; Dongba Holy Garden; Dongba Kingdom; Dongba Valley); Black Dragon Pond**Shangri-la:** Tiger-leaping Gorge (Eco-bus); Pudacuo (Eco-bus); Songzanlin Monastery**Ethnic Cultural Shows**

Kunming: Folk Songs and Dances at Colorful Yunnan

Dali: Bai People's Songs and Dances

Lijiang: Naxi Classic Music

Local Specialties:

Cross-bridge Noodle, Steam-pot Chicken, Yunnan Ham, Mushroom Hotpot, Clay-pot Fish, Naxi Farmer's Cuisine, Bronze Hotpot, Yiliang Roast Duck, Tibetan Flavor

D01 SIN/KMG

(B/L/D)

This morning we'll take a flight to Kunming, the capital city of China's Yunnan Province. Bestowed with mild climate all year round, Kunming is also known as Spring City. On arrival, you'll be met and transferred to visit **【Daguan Park】**.**D02 Kunming/Dali**

(B/L/D)

This morning we'll fly to Dali. On arrival, enjoy a **【cruise on Er'hai Lake】** by small boat, followed by a visit to **【Er'hai Park】**. Then continue to **【Dali Old Town】** and **【Foreigner's Street】**. You may also sample the traditional Three-coursed Tea while enjoying the **【Bai People's Songs and Dances】**.**D03 Dali—Lijiang**

(B/L/D)

After breakfast, coach to Lijiang, which is bordering Tibet with its spectacular mountain back-drop. Upon arrival, visit the **【Square Market】** in the center of the **【Lijiang Old Town】**, one of the world cultural heritages. Continue to **【Black Dragon Pond】** renowned for various pavilions and bridges in this beautiful park.**D04 Lijiang**

(B/L/D)

Today we'll sightsee the Grand Yulong Region including tours to **【Dongba Valley】**, **【Dongba Holy Garden】**, **【Jade Pole】**, **【Dongba Kingdom】**, **【Jade Peak Temple】** and **【Jade Water Village】** where you may have a chance to listen to the classic Naxi Music. After lunch, you'll be entertained by the wonderful out-door ethnic performance-- **【Impression Lijiang】**. Then visit **【White Water River】**. On the way, we'll drive past the holy Jade Dragon Mountain which is snow-capped all year round.**D05 Lijiang—Shangri-la**

(B/L/D)

This morning we'll continue our tour at Grand Yulong Region. Then journey to Shangri-la by coach with visits to the famous **【First Bend of Yangtze River】** and **【Tiger Leaping Gorge】**.**D06 Shangri-la**

(B/L/D)

We'll begin our exploration of the mysterious Shangri-la. Our tour starts from picturesque **【Pudacuo National Forest Park】** with sightseeing at **【Bitahai Lake】** and **【Shuduhu Lake】**. Continue to **【Songzanlin Monastery】**, the largest lamaist temple in Yunnan which modeled on Potala Palace of Tibet and home to numerous historical relics.**D07 Shangri-la/Kunming—Stone Forest—Kunming**

(B/L/D)

Today we'll fly back to Kunming. On arrival, drive 90km to visit **【Stone Forest】**. It is a massive collection of gray limestone pillars, spilt by rain water and eroded to their present fanciful forms, the tallest standing 30 meters high. Marine fossils found in the area suggest that it was once under the sea. The strange shapes, some in solitary loftiness, while others in clusters, create a unique "fairyland" feel. Afterwards, we'll journey back to Kunming and visit **【Colorful Yunnan】** en route.**D08 KMG/SIN (B/L/D)****Travel Star Pte Ltd 星和旅游私人有限公司**

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Today we'll visit **【Green Lake Park】**, **【Jinbi Archways】**, continue to **【Flower Market】**. Then proceed to Kunming Int'l Airport for your homebound flight. End this 8-Day Yunnan Tour with sweet memory.

The sequence of the itinerary subject to change based on arrangement of China agency

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